



GP Mental Health Forum Saturday 30 March 2019

- 12:00pm Arrival – Registration and light lunch
- 12:30pm Opening address (including acknowledgement of the country)
Forum facilitator: Dr Jon Levenston
- 12:45pm **Hot topic 1 (15 minutes presentation + 10 minutes for questions)**
How to 'hold' a case while waiting 6-8 weeks to see a mental health professional.
Speaker: Professor Kay Wilhelm
- 1:10pm **Hot topic 2 (15 minutes presentation + 10 minutes for questions)**
What patients might benefit from e-Mental health interventions for depression and anxiety? Examples from e-Mental health research in psycho-oncology and clinical practice.
Speaker: Dr Michael Murphy
- 1:30pm **Workshop 1 (75 minutes)**
How should I assess my older patient complaining of memory problems?
Assessing cognition and testamentary and other legal capacities in older adults.
Speakers: Scientia Professor Henry Brodaty and Professor Carmelle Peisah
- 2:45pm Break (15 minutes)
- 3:00pm **Workshop 2 (75 minutes)**
Managing comorbid mental health and substance use difficulties
Speaker: Dr Julia Lappin
- 4:15pm **Hot topic 3 (15 minutes presentation + 10 minutes for questions)**
Muscling up on mental illness: evidence-based lifestyle interventions
Speaker: Dr Simon Rosenbaum
- 4:40pm **Hot topic 4 (15 minutes presentation + 10 minutes for questions)**
When and how to choose and commence an SSRI: adolescents
Speaker: Professor Valsa Eapen
- 5:05pm **Hot topic 5 (15 minutes presentation + 10 minutes for questions)**
When and how to choose and commence an SSRI: adults
Speaker: Scientia Professor Philip Mitchell
- 5:30pm Finish